

**The night prior to the procedure:**

It is important that NOTHING is taken by mouth past midnight the night before the procedure. Consequently, please be sure to monitor the patient once they wake up the morning of the procedure. If the patient has anything to eat or drink, THE CASE WILL BE CANCELLED.

**Day of the procedure:**

1. Any children that are having anesthesia cannot attend school or daycare on the day of the appointment. Should they attend either of these *the procedure will be cancelled*.
2. Children must be in the care of the parent or guardian bringing the patient the night prior to the procedure.
3. Any routine medications the patient takes may be given as usual with minimal amounts (sips) of clear liquids (i.e. water, apple juice, Powerade, Propel, Gatorade, cranberry juice) up to 2 hours before the procedure. Orange juice and milk *are not acceptable*.
4. No breakfast is to be eaten. The procedure *will be cancelled* if the patient eats or drinks prior to the surgery. To eat prior to general anesthesia could potentially cause significant harm or death.
5. Loose-fitting clothing should be worn. Pajamas and socks are preferred for kids (please no pajamas with feet). Adults can wear a short sleeve shirt underneath a long sleeve shirt with sweat pants or another loose-fitting lower garment.
6. *Please* remove all fingernail and/or toenail polish.
7. *Please* remove any jewelry present, including ear piercings. Lip rings/jewelry, tongue rings/jewelry or any other jewelry in the mouth *must be removed*. *The procedure will not be done with them in place*.
8. Bring a FULL change of clothing for children in the event they have an accident (i.e. wet themselves).
9. The legal parent or guardian MUST sign the Consent to Anesthesia prior to the procedure.
10. With children, the legal parent or guardian *must be present in the reception area at all times throughout the procedure*. "Running errands" while the surgery is in progress is not permitted.
11. During the surgery, it is highly recommended that alternate care be provided for other children or siblings of the patient, *and they not be present during the procedure*.
12. Please keep in mind that a 2 or 3 hour wait period (or more) is possible. Please bring a book or another form of activity to occupy the escort's time.
13. Please bring a bucket, tub, or other acceptable container along with a couple of old towels in the event the patient has post-procedure nausea and vomiting on their ride home.
14. If a child is prone to bedwetting or is still wearing diapers at night, bring one or two diapers to the appointment.
15. Please do not have any other plans following the procedure. Patients are to go directly home to rest following the procedure. Children are to have constant adult supervision preferably parent or guardian.
16. Two (2) responsible adults must accompany children or dependent adults: One to drive home following the procedure and the second to monitor the patient and help in the event they required assistance.

***Should you have any questions regarding these instructions, do not hesitate to contact Dr. Klise at (406) 529-2612.***