

Postoperative Instructions for Anesthesia

You, your child or dependent adult has had a general anesthetic or sedation. Please read these instructions carefully and ask questions prior to anesthesia if something is not clear.

1. If you, your child, or dependent adult has been prescribed medication by your dentist, be sure to follow the instructions as indicated by the pharmacy and your dentist.
2. Anesthesia or sedation can cause impairment that varies from person to person. Therefore, the person having received the anesthetic should be observed continuously for several hours at home and not be left unattended.
3. For general anesthesia, the insertion of the breathing tube during the anesthetic may cause a sore throat for a period of 1 to 2 days. This is normal. If the patient develops difficulty breathing and has a high pitched crowing noise when breathing, call 911 for emergency care and transportation to the hospital. **DO NOT DELAY BY CALLING DR. KLISE.**
4. Encourage fluid intake during the recovery period and follow any postoperative instructions your dentist may have provided. Please keep in mind that nausea and vomiting can be common following anesthesia or sedation procedures.
5. Observe the intravenous site (IV site) for any infection for the next 5 days. If pain, redness at the site of the IV, red "streaks" going up the arm, swelling, or a fever of unknown source is present, call Dr. Klise immediately.
6. Nausea and/or vomiting are common following anesthesia and may occur. Gradually encourage eating and drinking with clear liquids, advancing cautiously to solid food to reduce the possibility of nausea and vomiting. Dr. Klise may prescribe medicine to relieve the symptoms. If so, take the medication as directed by Dr. Klise or as directed with over the counter medication(s).
7. On the way home following the procedure, be sure to restrain the patient in the car with an appropriate seat belt and shoulder harness, or appropriate car seat. It is best to have a second individual accompany you to the appointment for help in transporting the individual home safely following the procedure.
8. If toradol (Ketorolac) was given to the patient, please follow Dr. Klise's instructions regarding other pain medication to be given later in the day.

Should you have ANY questions call Dr. Klise at (406) 529-2612